

C. G. Jung Society of Victoria



Jung and Music: An Introduction to Archetypal Music Psychotherapy



African Sonata Vladimir Kush

After meeting with music therapist Margaret Tilly in 1956, Jung stated:

“This opens up whole new avenues of research I’d never dreamed of.

Because of what you’ve shown me this afternoon – not just what you’ve said, but what I have actually felt and experienced – I feel that from now on music should be an essential part of every analysis. This reaches deep archetypal material that we can only sometimes reach in our analytical work with patients. This is most remarkable.” - Carl Jung 1956

This experiential presentation will illustrate a Jungian approach to working with music, sound and dream material that is based on Jung’s personal experiences with music. There are many hints within the Jungian literature that Jung himself had an intimate relationship with music and sound.

This lecture is an exploration of how we relate with music, both clinically and personally, from a Jungian perspective while travelling our individuation path. We begin with a

rare glimpse of Jung’s experiences of music and its impact on his discoveries and then move through modern clinical examples and musical narratives in order to express a current understanding of how music and psyche relate to each other.

Lecture: March 6, 2015 7–9 PM

Location: University of Victoria — David Turpin A104 see map p.2

Cost: Members \$15 Non-members \$20

Members—introduce a guest to the Jung Society lecture for a one time member's rate of \$15 for your guest!

Workshop: March 7, 2015 10–3 PM

“A Jungian Approach to Exploring our Inner Landscape through Music and Sound”

Cost: \$80 Location: Sleeping Dog Farm — 1506 Burnside Rd West see map p.2

Music and sound play a vital role in our lives. We hear music almost everywhere we go and it often has the ability to deeply stir our hearts and minds. We naturally use music to feel, to remember, to connect to our cultural roots and sometimes even to distract ourselves from the inevitable aches and pains of living a human life.



This experiential workshop will delve into the world of music-centred psychotherapy to illustrate some effective ways to use music, sound and image to explore our own inner landscape based on C.G. Jung’s 100-year-old process of Active Imagination. Within the magnificent natural setting of The Sanctuary at Sleeping Dog Farm, we will investigate together various musical approaches to finding meaning within our human experience including aspects of grief, loss, anxiety, transitions, pain, and the depressions of life.

We will explore how to work with various archetypal images such as the Shadow, the archetypal Feminine/Masculine, the Trickster and the Hero. We will look at a few clinical examples of how the transcendent function operates through musical mandala and we will investigate the role that psychoacoustics and quantum physics have played in developing a deeper understanding of how music mediates our daily life.

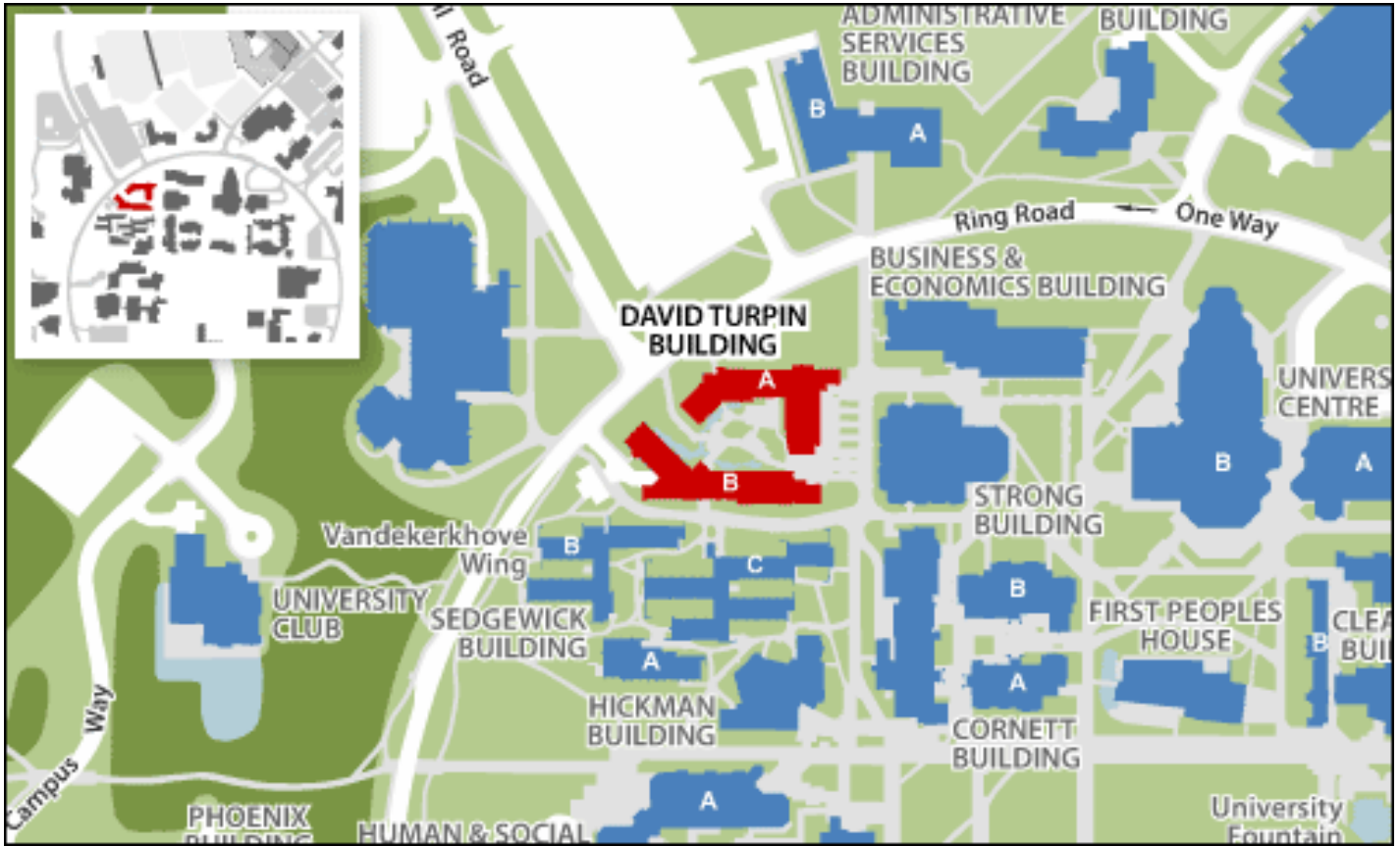
No musical experience is necessary and nothing more than your presence is required.

Joel Kroeker, M.A. is currently a Jungian Analytic training candidate at the C.G. Jung Institute Zurich, a CVAP-certified Registered Clinical Counsellor, a Music-Centred Psychotherapist and the founding international workshop facilitator of Archetypal Music Psychotherapy (AMP). He has served on the board of the Vancouver Jung Society and is an international recording and touring artist on True North Records. He currently divides his time between his clinical practice in Victoria and teaching courses at various universities across Brazil and North America.

www.joelkroeker.com

See our website: <http://www.jungsocietyvictoria.com/>

Lecture is in David Turpin A104



Workshop is at Sleeping Dog Farm



Bring your lunch and soft shoes to wear inside the Sanctuary Building.